

FASSTT is Australia's national network of specialist services that support people and communities who have experienced trauma due to war, violence, persecution and forced displacement.

FASSTT brings together eight specialist agencies, working in every Australian state and territory.

FASSTT agencies have over 30 years of experience supporting people from refugee and refugee-like backgrounds to recover and rebuild their lives in Australia.

What FASSTT Services Do

FASSTT agencies provide support for people who have experienced trauma before arriving in Australia.

SUPPORT IS BASED ON:

- feeling safe
- having choice and control
- feeling connected and included
- being treated with dignity and respect
- healing and recovery

Services understand that trauma can affect people throughout their lives and across generations, and they work alongside people at their own pace.

Types of Support Available

FASSTT AGENCIES PROVIDE:

- **Counselling**

Talking one-to-one with a trained counsellor.

- **Support for families and children**

Help for parents, carers, children and young people.

- **Group and community programs**

Activities that help people feel connected and less alone and support community healing.

- **Youth and school support**

Support for children and young people at school or in the community.

- **Community support**

Support for community and faith leaders and community groups to build healing and recovery.

- **Training and advice for workers**

Training and advice for services that work with trauma-affected people.

Support focuses on safety, recovery, connection, and dignity.

How to Access Support

Referrals can be made by the person themselves, by someone they trust, or by another service.

You can:

- contact your local FASSTT agency directly by phone or email
- ask a trusted friend, family member or community leader to help
- visit www.fasstt.org.au to find your local agency

An intake worker or counsellor will respond as soon as possible.

Who can access FASSTT services

FASSTT agencies mainly support people from refugee and refugee-like backgrounds, including people seeking asylum.

SUPPORT IS AVAILABLE FOR:

- individuals
- families
- children and young people
- whole communities

Services are inclusive and respectful of people of all cultures, faiths, genders, sexual orientations and identities.

In some situations, support may also be available for people affected by other serious traumatic events where specialist trauma expertise is needed.

TELEPHONE SUPPORT

Witness to War Telephone Line Free call 1800 845 198

This is a confidential telephone support service offering trauma-informed support in multiple languages.

Experiences We Support People With

FASSTT SERVICES SUPPORT PEOPLE WHO HAVE EXPERIENCED:

- war or armed conflict
- torture or wrongful imprisonment
- persecution or targeted violence
- forced displacement
- ongoing fear, stress and uncertainty
- intergenerational and collective trauma

How Services Are Delivered

All FASSTT services are:

- free
- private (confidential)
- your choice (voluntary)

Services are:

- trauma-informed
- culturally responsive

Interpreters are available. You can use your preferred language.

Services are available no matter how long a person has been in Australia.

When services are very busy, people with the highest need may be seen first.

ASETTS (WA)

P: 08 9227 2700
asetts.org.au

COMPANION HOUSE (ACT)

P: 02 6251 4550
companionhouse.org.au

FOUNDATION HOUSE (VIC)

P: 03 9389 8900
foundationhouse.org.au

MELALEUCA AUSTRALIA (NT)

P: 08 8985 3311
melaleuca.org.au

QPASTT (QLD)

P: 07 3391 6677
qpastt.org.au

PHOENIX CENTRE (TAS)

P: 03 6234 9138
mrctas.org.au/phoenix-centre

STARTTS (NSW)

P: 02 9794 1900
startts.org

STTARS (SA)

P: 08 8206 8900
sttars.org.au

